

If you're ready to quit tobacco Help is **FREE!**

Class Schedule

Jackson County Tools to Quit

Jackson County Health Department
4979 Healthy Way Marianna, FL
Thursday, February 25th

4:00-6:00 PM

To register call [850-224-1177](tel:850-224-1177) or
email register@bigbendahec.org

- **FREE** – Nicotine Replacement Patches, Gum and Lozenges*
- **FREE** – Community, worksite, and clinic groups offered
- **Covers all forms of tobacco**

**While supplies last and if medically appropriate*

IQuit with AHEC is the in-person option of Tobacco Free Florida's 3 Free & Easy Ways to Quit. Call to Register.

Sponsored by Big Bend AHEC and the Florida Department of Health



850.224.9340

www.ahectobacco.com

Toll free **877.848.6696**