

DiaBEATers



Healthy Eating
Being Active
Monitoring
Taking Medication
Problem Solving
Healthy Coping
Reducing Risks



WHO: People living with diabetes and their significant others

WHAT: Meeting to Improve Diabetes Self-Care

WHEN: August 11th, 18th, and 25th
8:30 until 11:30 a.m.

WHERE: Florida Department of Health in Jackson County
4979 Healthy Way, Marianna

HOW: Call 850-526-2412 ext. 282 for information



Making it Real!

DEAP
DIABETES EDUCATION
ACCREDITATION PROGRAM

